

Marital Sabbath often require planning.

...which I have laid up for you,... Song of Solomon 7:13 (ESV)

Plan when you will take marital Sabbaths.

Plan activities for marital Sabbaths.

Plan marital Sabbaths into your home.

Public affection is a type of marital Sabbath.

Oh that you were like a brother to me who nursed at my mother's breasts! If I found you outside, I would kiss you, and none would despise me. Song of Solomon 8:1 (ESV)

I would lead you and bring you into the house of my mother— she who used to teach me. I would give you spiced wine to drink, the juice of my pomegranate. Song of Solomon 8:2 (ESV)

His left hand is under my head, and his right hand embraces me! I adjure you, O daughters of Jerusalem, that you not stir up or awaken love until it pleases. Song of Solomon 8:3–4 (ESV)

Homework:

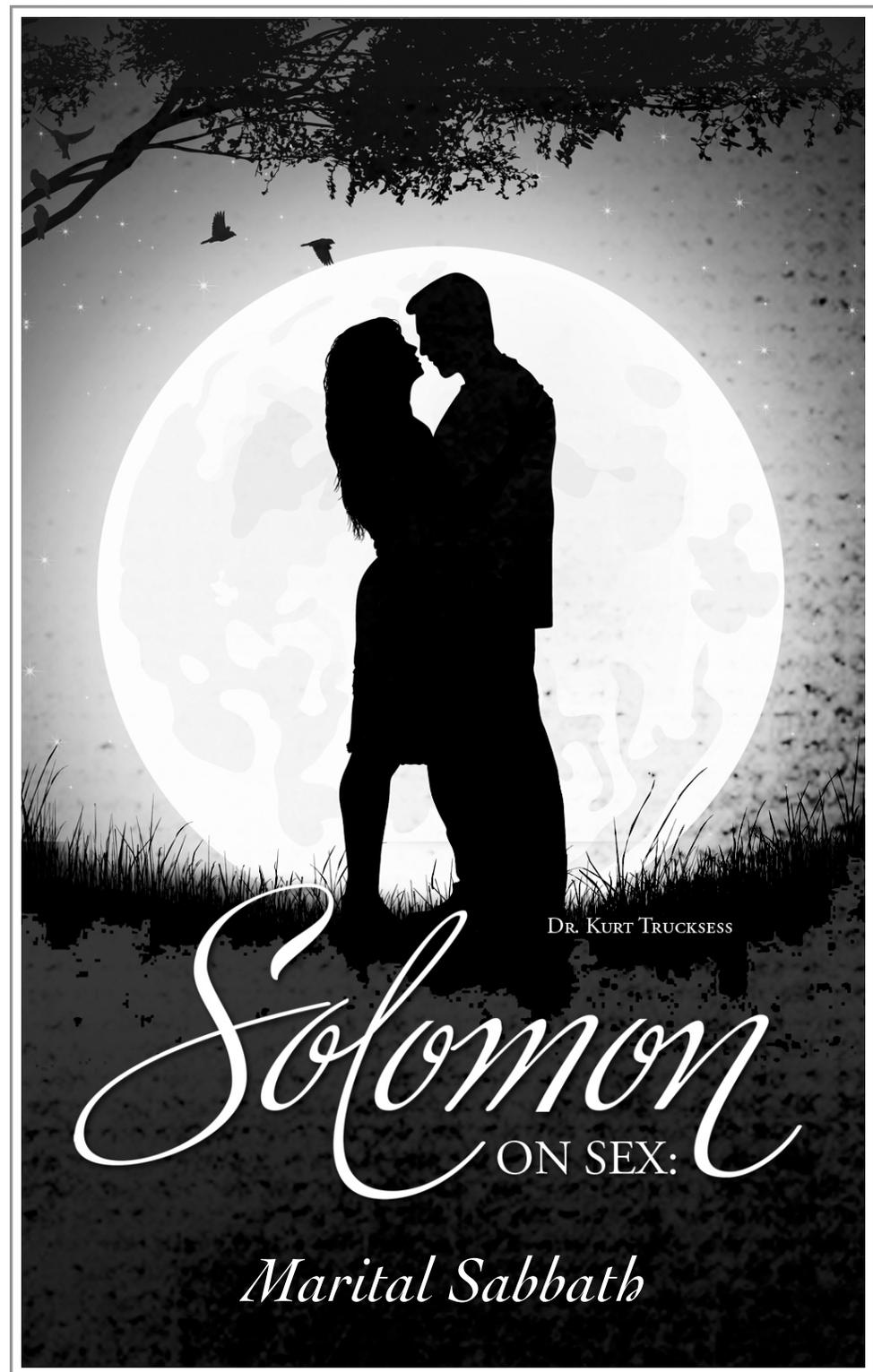
1. Plan short marital Sabbaths into your week. Plan at least one extended marital Sabbath into your year.
2. Create a marital bucket list so you know what to do when you have time together.
3. What could you say or do that would motivate your spouse to take a marital Sabbath?

Check www.SOLOMONonSEX.com for more Q&A each week

All teaching material is available online at www.christ2Rculture.com

Audio of sermons are on iTunes. Search *Christ 2R Culture*

April 1: Easter at the SAMI
April 8: Solomon on Sex - Visiting the In-laws



Looking for **Enotes**? Want to learn what the **QR Code** does?
Check out - <http://tinyurl.com/3h2bd3g>

Faith Church - EFCA

April 1, 2012

Song of Solomon 7:11-8:4



Look for spontaneous marital Sabbath.

*Come, my beloved, let us go out into the fields and lodge in the villages;
Song of Solomon 7:11 (ESV)*

Unplug from life in your marital Sabbath.

let us go out early to the vineyards and see whether the vines have budded, whether the grape blossoms have opened and the pomegranates are in bloom. There I will give you my love. Song of Solomon 7:12 (ESV)

A good marital Sabbath involves something to look forward to.

let us go out early to the vineyards and see whether the vines have budded, whether the grape blossoms have opened and the pomegranates are in bloom. There I will give you my love. The mandrakes give forth fragrance, and beside our doors are all choice fruits, new as well as old, which I have laid up for you, O my beloved. Song of Solomon 7:12-13 (ESV)

*Come, my beloved, let us go out into the fields and lodge in the villages;
Song of Solomon 7:11 (ESV)*

What is good marital Sabbath?